

ST THOMAS VASECTOMY CLINIC
St Thomas Health Centre
Exeter EX4 1HJ
Tel: 01392 676635

Thank you for choosing St Thomas Vasectomy Clinic to provide your vasectomy. We will endeavour to provide you with a friendly, prompt and convenient vasectomy. In addition, we will try to minimise any COVID risk to you and our staff.

Pre-Operation Conversation

Paula, our administrator will offer you a date and time for a telephone chat with Dr Wise or Dr Watson, our two vasectomy doctors. She will also send you a provisional date for your vasectomy.

The telephone call, lasting about 10 minutes, gives time for the doctor to explain the procedure to you and answer any questions. If you decide to go ahead with a vasectomy, we will explain how to complete an online consent form.

Lateral flow COVID test

Please do a lateral flow test in the 2 days before your vasectomy. Bring along your test kit, or a photo of it, to show Paula your negative result. She can arrange for you to have the lateral flow test done here on the day of your procedure if you prefer.

Two days before your vasectomy

Paula will send you a text reminding you of your appointment date and time along with an attachment giving instructions on what you need to do the night before and on the morning of your procedure.

Unfortunately, we will have to delay your operation if you are unwell or have had any recent COVID contacts, so try to avoid unnecessary risk in the 2 weeks prior to your vasectomy.

On the day of the operation at St Thomas Health Centre (post code: EX4 1HJ)

If you have an 08:30 appointment, please use the intercom to speak to reception. For later appointments, come to reception where you will be directed to our seating area. Paula will introduce herself and check your details.

It would be very helpful if you can bring a drink with you and visit the toilet before you arrive. Your partner will not normally be allowed in with you unless you are nervous and need their support. Should this be necessary, your partner will need a negative lateral flow test 2 days before your operation and be able to show us the result.

Finally, your partner or a friend must drive you home after your operation because the validity of your car insurance could be questioned.