



# ST THOMAS MEDICAL GROUP

## Newsletter Winter 2017



CHRISTMAS AND NEW YEAR OPENING TIMES	
Date	
20th December	NORMAL HOURS—LAST DAY TO ORDER PRESCRIPTIONS
21st & 22nd December	NORMAL HOURS
23rd, 24th, 25th & 26th December	CLOSED
27th December	NORMAL HOURS—LAST DAY TO ORDER PRESCRIPTIONS
28th & 29th December	NORMAL HOURS
30th, 31st December & 1st January	CLOSED
2nd January	NORMAL HOURS

### Stay Well This Winter

(Advice supplied from NHS Choices)

Eat more fruit & veg

Drink more milk

Try new activities for the whole family

Have a hearty breakfast

Keep Warm, Keep Well

If you have already had it, and are entitled to it, please book in for your seasonal flu vaccination at Reception.

### PRACTICE STAFF CHANGES

- Dr Ruth Northover, Dr Mark Watson and Dr Alex Williams have all retired from the surgery.
- Dr Natasha Dunn, Dr Jess Fox, Dr Yan Shafafi and Dr Craig Thompson have all joined our Medical Group.
- Dr Andrea Fensom & Dr Richard Wise have done a Practice location swap.
- Donna Lawson, Paramedic, Louise Marriott, Nurse Manager and Nicole Seabrook, Emergency Nurse Practitioner have all also recently joined our Medical Group.

### **GOING UP** .....

We are pleased to say that we have had a new lift fitted at St Thomas.



**ST THOMAS HEALTH CENTRE WOULD LIKE TO WISH ALL OUR PATIENTS A MERRY CHRISTMAS**

How would you rate the service you received here today?  
Would you be happy to give us some feedback on how to improve our performance on the NHS Choices website?

This would help us achieve a better status for our Health Centre

Please go to [www.nhs.uk](http://www.nhs.uk), find St Thomas Medical and leave your review.

\*\*\*\*THANK YOU \*\*\*\*

