

# INFORMATION & AWARENESS EVENT

Being organised by the Friends of St Thomas Health Centre

## **SOME OF THE ORGANISATIONS ATTENDING ARE :-**

**AGE UK**

**ANDYS MAN CLUB**

**DEVON CARERS**

**ECOE—HEALTHY HOMES  
FOR WELLBEING**

**EXETER CITY FOOTBALL  
COMMUNITY TRUST**

**EXETER COMMUNITIES  
TOGETHER PROJECT**

**FIRE SERVICE**

**FREEMOVEMENT**

**OAKHOUSE FOODS**

**REMEMBER THAT SONG**

**THE CLUB**

**TLC CASE MANAGEMENT LTD**

**TOGETHER DRUG &  
ALCOHOL SERVICE**

**WELLBEING EXETER**

**WESTBANK**

**YOUNG DEVON**

**TEA, COFFEE  
& BISCUITS  
provided**

**THURSDAY 28th SEPTEMBER  
11.30am to 1.00pm**

**METHODIST CHURCH HALL  
COWICK STREET  
ST THOMAS, EXETER  
Opposite St Thomas Health Centre**

**(The hall is behind the church, please walk  
down the right hand side of the church)**

**WOULD YOU LIKE TO KNOW  
MORE ABOUT WHAT HELP  
AND SUPPORT IS AVAILABLE  
FOR YOU OR FOR A FRIEND,  
FAMILY MEMBER OR  
NEIGHBOUR?**

**PLEASE COME AND JOIN US**

**YOU WILL HAVE THE  
OPPORTUNITY TO SPEAK TO  
A REPRESENTATIVE FROM  
THE ORGANISATIONS LISTED  
ON THIS POSTER**

**If you would like more information  
about this event, please contact  
Denise Knowles**

**Co-ordinator for The Friends of  
St Thomas Health Centre  
Tel 01392 676676 option 3 or  
email [denise.knowles@nhs.net](mailto:denise.knowles@nhs.net)**