

Wellbeing Exeter

Connecting people, communities & opportunities

Drop in to meet
our team and
have a chat

Exeter Library
9 March 2023
10am to 2pm



**Social
Prescribing
Day** 9TH
MARCH '23

**WELLBEING
EXETER**

Celebrating
Spring

Outdoor
activity
ideas



Cultural
activity
info

Free seeds
giveaway

Gardening
info &
ideas

www.wellbeingexeter.org.uk