



# VICTIM SUPPORT



## WeMatter

An online group work programme for children and young people affected by domestic abuse

WeMatter is a totally digital service providing specialist support to children and young people aged 8-17 years old, who have been affected by domestic abuse. WeMatter delivers the CYP Domestic Abuse Recovery Toolkit, which offers a range of activities and discussions informed by Trauma Focused Cognitive Behaviour Therapy. This group programme is designed to help child and young people understand their own experiences, develop healthy coping strategies, increase levels of safety and achieve positive future relationships.

**To contact the team please call: 0300 373 0258**

**Email: [wematter@victimsupport.org.uk](mailto:wematter@victimsupport.org.uk)**

**If you are in immediate danger call: 999**

**[victimsupport.org.uk](https://victimsupport.org.uk)**

