



“The HANDi app has been incredibly beneficial for me since becoming a mum.”

“Hi, my name is Gemma, I live in Plymouth and I am a full-time Mum of three children aged 4, 6 and 11 years old. When my children were slightly younger, I got myself into a routine of regularly ringing the doctors whenever any of them started to show any unusual health-related symptoms – from a high temperature to skin conditions and everything in-between. I always want to make sure I am treating symptoms correctly and not mistaking them

for something more serious. It was not until my friend recommended that I download the HANDi App, that I realised how easy it is to get the professional medical advice I need and as a result, educate myself at the same time to improve my medical know-how. To any parents who do want to learn how to check and treat their children’s symptoms when they are unsure, I definitely recommend downloading the HANDi App to put your mind at ease.”



Download the HANDi app on your Apple or Android smart-phone or tablet.

